



Gnaabidin Giizis 2024

March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Nanda-Gikendan 6pm-8pm	5 Willard Pine - TMHC	6 Women's Night: Drum Circle 6pm-8pm	7 Men's Night 6pm-8pm	8 Biboon Aadizookaanan Sacred Winter Time Stories: Guest Speakers 5pm-9pm	9
10 Women's Night: Drum Circle 6pm-8pm	11 Nanda-Gikendan 6pm-8pm	12 Willard Pine - TMHC	13 Gerrard Sagassige - THC	14 Drop-In 2pm-6pm	15 Youth Culture Day 10am-3pm	16
17	18 Nanda-Gikendan 6pm-8pm	19 Willard Pine - TMHC	20 Patricia Toulouse - THC Lunch & Learn 12pm-1pm Grief Support Group Naninawademo 5:30pm-8pm	21 Men's Night 6pm-8pm	22 Gerrard Sagassige - THC Biboon Aadizookaanan Sacred Winter Time Stories: Guest Speakers 5pm-9pm	23 Gerrard Sagassige - THC
24 Gerrard Sagassige - THC	25 Nanda-Gikendan 6pm-8pm	26 Willard Pine - TMHC Drum Social Group 6:30 PM - 9 PM	27	28 BFA Aftercare 5:30pm-8pm	29	30
31						

Intake Worker - Laurie Souliere (705)946-5710 ext. 228
 Program Support Worker - Terry Williston (705)946-5710 ext. 212
 Administrative Assistant - Trinity Neshawabin (705)946-5710 ext. 222



Thurs March 28th
5:30-8pm

TOPIC: NEW
BEGINNINGS

SUPPER PROVIDED

Beauty From Ashes

AFTERCARE WELLNESS CIRCLE

This program is for past participants of the
Beauty From Ashes Program

NOW HAPPENING TWO TIMES A MONTH IN PERSON
AT THE DAN PINE HEALING LODGE
ZOOM LINK CAN BE PROVIDED IF NEEDED

200 Anishnawbe Point Rd.
Contact 705-946-5710 ext. 228
or email dphinfo@grhc.ca to register



GARDEN RIVER
WELLNESS CENTRE



TRADITIONAL HEALTH HEALER

Patricia Toulouse

WEDNESDAY

MARCH 20TH

**LUNCH &
LEARN
12PM-1PM**

By Appointment Only

200 Anishawbe Point Rd., Garden River, On

TO BOOK AN APPOINTMENT

Call 705-946-5710 ext. 228

or email dphlinfo@grhc.ca



**GARDEN RIVER
WELLNESS CENTRE**



DAN PINE HEALING LODGE DROP-IN

COME JOIN US FOR
HEADRESS MAKING, PROGRAM
INFORMATION BOOTHS, SOUP, BANNOCK
GAMES, DOOR PRIZES & MORE!



200 ANISHINAWBE POINT ROAD
THURSDAY, MARCH 14TH, 2024
2:00PM-6:00PM



GARDEN RIVER
WELLNESS CENTRE



Dan Pine
HEALING LODGE



GARDEN RIVER
WELLNESS CENTRE



Reconnecting Anishinaabe Kwe Strong
In Collaboration with the
Dan Pine Healing Lodge
Presents

BIBOON AADIZOOKAANAN
sacred winter time stories

We are honored to have our speakers
share their stories with us

Aambe Maajtadaa
(come join us)

February 2 - TBA
February 16 - Barbara Day and Phil Jones
March 8 - Willard Pine
March 22 - Dr. Sue Bell-Chiblow

5pm - 9pm
Dan Pine Healing Lodge
200 Anishnawbe Point Road

Potluck Feast and Stories
Please bring a dish to share, feast bundles,
shakers/drums

Everyone Welcome



Women's Night: Drum Circle

Wednesday
March 6th
&
Sunday
March 10th
6PM-8PM

COME SOCIALIZE, HAVE
FUN AND LEARN SONGS

By Dan Pine Healing Lodge in Collaboration with
Reconnecting Anishinawbe Kwe

200 Anishnawbe Point Rd.
Call 705-946-5710 ext. 228
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GARDEN RIVER
WELLNESS CENTRE



Naniinawademo

A WELLNESS CIRCLE DEDICATED TO GRIEF SUPPORT

Lead by Laurie Souliere

An open support group to
Garden River First Nation,
7 North Shore First Nation
and other First Nation,
Metis & Inuit

WEDNESDAY

March 20th 2024
5:30PM - 8:00PM

Topic: What is an emotion
and what is a feeling and
balancing our emotions
and feelings

FEATURES:

Variety of topics • Guest SPeakers • Cultural Teachings •
Therapeutic exercises • Creative arts • Mindful practices & More

200 Anishnawbe Point Rd.
Contact 705-946-5710 ext 228
or email dphlinfo@grhc.ca to register

PRE-REGISTER FOR SUPPER



GARDEN RIVER
WELLNESS CENTRE



TRADITIONAL HEALTH HEALER

Gerrard Sagassige

Wed. March 13th
Fri. March 22nd
Sat. March 23rd
Sun. March 24th

By Appointment Only

200 Anishawbe Point Rd., Garden River, On

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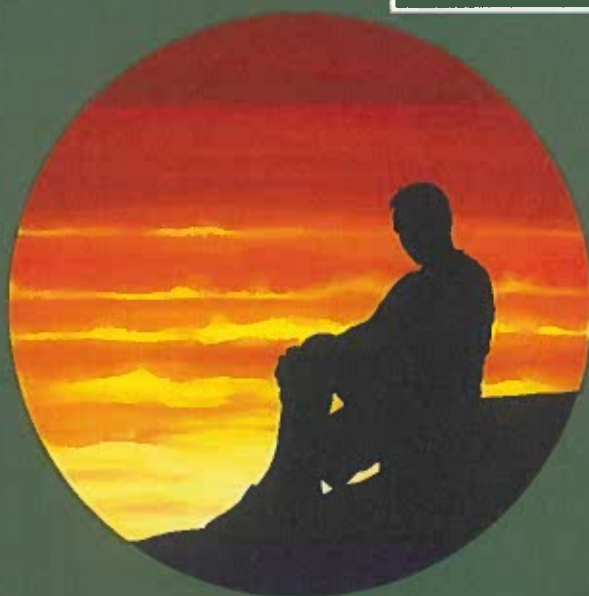


GARDEN RIVER
WELLNESS CENTRE



Men's Night

Thursday March 7th
&
Thursday March 21st
with Terry Williston
6PM-8PM



AN EVENING OF TRADITIONAL MEN'S TEACHINGS,
TOPICS AND ACTIVITIES CONCLUDING WITH
A WARM MEAL

Join us at Dan Pine Healing Lodge, where the spirit of learning and
connection comes alive!



GARDEN RIVER
WELLNESS CENTRE

TO SIGN UP OR FIND OUT MORE:

Call 705-946-5710 ext. 228
or email dphinfo@grhc.ca



Drum Night

Drumming & singing lead & taught
by experienced singers



Tuesday
March 26th
6:30pm-9pm

LEARN TO DRUM, LEARN
SONGS AND HOW TO SING
FROM EXPERIENCED SINGERS

COME SOCIALIZE AND
HAVE FUN

200 Anishnawbe Point Rd.
Call 705-946-5710 ext. 228
or email dphlinfo@grhc.ca



GARDEN RIVER
WELLNESS CENTRE



TRADITIONAL HEALTH HEALER

Willard Pine

Tuesday

MARCH
5TH, 12TH, 19TH,
AND 26TH

By Appointment Only

200 Anishawbe Point Rd., Garden River, On

TO BOOK AN APPOINTMENT

Call 705-946-5710 ext. 228
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GARDEN RIVER
WELLNESS CENTRE





TRADITIONAL SKILL BUILDING

Nanda-Gikendan

**Mondays
6-8pm**

March
4th, 11th, 18th
and 25th

Lead by Cecil
Pelletier

LEARN TRADITIONAL SKILLS
CONNECT WITH OTHERS
SHARE YOUR WISDOM

Join us at Dan Pine Healing Lodge, where the spirit of learning and connection comes alive!

Whether you are an expert or beginner, immerse yourself in hands-on workshops where you'll make master skills like beading, sewing, weaving & many more!



**GARDEN RIVER
WELLNESS CENTRE**

TO SIGN UP OR FIND OUT MORE:

Call 705-946-5710 ext. 228
or email dpinfo@grhc.ca



DAN PINE HEALING LODGE PRESENTS
A MARCH BREAK YOUTH PROGRAM DAY

YOUTH CULTURE DAY

Teachings
Indian Tacos for Lunch
Dreamcatcher Making
Lead by Barbara Day

Call Intake Worker Laurie Souliere to Register
(705)946-5710 ext. 228 *space is limited* children under 12 must be
accompanied by a parent/guardian

When: Friday, March 15th, 2024

Where: Dan Pine Healing Lodge 200 Anishnawbe Point Rd.

Time: 10:00am-3:00pm



GARDEN RIVER
WELLNESS CENTRE